Holy Nativity Christian Child Care Center

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# Welcome to the Infant Room!

## Welcome! Meet Your Teachers

Welcome to Holy Nativity Christian Child Care Center! We are very pleased that you have chosen us to take care of your little one. We have put this together to give you a general overview of our program and what can be expected out of us each day (complete details are found in the Parent Handbook). We want your family to be very comfortable with us in every aspect, so please feel free to stop by and talk with the Infant Teachers or the Director when needed. We can also be reached via phone, email, or Brightwheel. We look forward to providing your infant with the most excellent care!

Infant Room Staff

**Paula Majkozak:** Paula is a full time Infant Teacher and has worked for us since February of 2001. She has a BS in Child Psychology. Paula lives in Maple Grove.

**Emily Brown:** Emily is a full time Infant Teacher and has worked for us since April 2020. Emily has her BA in Elementary Education and experience teaching Preschool, Kindergarten, and First Grade. She and her husband, Kris, live in Blaine with their children, Hudson and McKenna.

**Jenny Stewart:** Jenny is a full time Infant Assistant Teacher and has worked for us since October of 2002. She has an AA in Biblical Studies. Jenny resides in New Hope with her husband, Drew.

**Sally Pawlik:** Sally is a part time Aide and has worked for us since February 2018. Sally previously held her CDA and has worked with children for decades. She lives in Crystal with her husband, Lee.

**Ava Talley:** Ava is a part time Aide and has worked for us since September 2024. She is currently a second-year student at FLBC and hails from Illinois.

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## Daily Schedule and What To Bring

We practice an "on demand" schedule in our Infant Room. This means that each child is given what they need, exactly when they need it. When your child first starts, it is important that you provide us with an outline of a schedule that your baby generally follows. We will try our best to adhere to your baby's schedule; however, since infants grow at such a fast rate, their schedule is constantly changing, and we will adapt it as needed, even on a daily basis. Naps and mealtimes will fluctuate depending on your baby's needs each day.

Please provide the following items for your child:

- A supply of diapers and ointment (we provide wipes)
- THREE complete sets of clothing changes (incl: socks, onesies, shirts, pants, etc.)
- Formula/breastmilk and bottles with caps (both bottle and cap are to be labeled and dated)
- Sleep sack and two pacifiers
- Any solid food and cereal, as necessary
- Sunscreen, hat, light jacket
- Family picture for our wall
- Reusable bag for dirty clothes (recommended: Alva Baby or Bumkins)

All items can be stored in your child's cubby and the refrigerator, as needed. Please take home all soiled items and replenish these items when needed.

All items must be labeled with first and last names! Please see these websites for suggestions for personalized labels: www.namebubbles.com

www.brightstarlabels.com

https://www.etsy.com/shop/kristinbleydesign

### Contact Us

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# Parent-Teacher Communication

Each morning the parent is responsible for filling out their child's daily note and signing their child in. The sign-in sheet and the daily sheet are located in the Infant Room on the counter. We ask that the parent fill out the top portion of the daily note and place it on their child's cubby. Throughout the day, the Infant staff will fill out the lower portion to let you know how your child's day was. Please remember to take them home at the end of the day to learn about your child's day in our care.

We want to maintain open communication at all times with the parents of our enrolled children. We encourage you to give us feedback on our program and planned activities. At all times we hope you will feel free to speak with any of us about a concern or complaint. Please speak to the teachers directly in order to settle a situation or grievance. If you cannot find resolution at this point, please speak to the Director. We wish to serve you in the best way possible. Your input and needs are important to us as we try to provide the best possible care of your child. If at any time you wish to visit the Center to see your child, please feel that you are always welcome. Please feel free to call the Center, message via Brightwheel, or email at any time to speak with the Director or your child's teacher. We will make every effort to notify you via phone, message, email, or written communication whenever a situation arises of which we feel you should be aware. Thank you for entrusting us with the care of your child!

# Mealtimes

In the Infant Room, the parents are responsible for bringing in all meals and snacks for their infant until they are age one. You must bring in all food, formula/breastmilk, and snacks. The Center has a limited and varying supply of food items such as: puffs (all flavors), cereal (Cheerios, Kix, etc.), crackers (graham, Club, saltines, etc.), fruit (peaches, mandarin oranges, applesauce, etc.), and other such age-appropriate snacks. These are given in addition to what families provide, and are not to be considered a full meal. Infant diets are determined by the parents and infants will be fed in accordance with written dietary instructions by the parents. All dietary plans MUST follow the USDA guidelines for meal requirements (see Parent Handbook for specifics). Parents are responsible for informing their child's teacher when dietary changes are made. Each new food item needs to be tried by your child three to five times at home BEFORE being brought into the Center for use. An Infant Parent Foods Consent Form is to be filled out each time your child is to have a "new" food item at school. These forms are kept on file in the Infant classroom. Furthermore, any special diets or substitutions must be approved by your child's physician.

Once a child turns one year of age, we provide breakfast, lunch, and afternoon snack, as well as hormone-free whole milk.

Guidelines for preparing bottles at home to be brought into the Center can be obtained separately from the Director. Nursing mothers are welcome to come in during the day to nurse their infant, and a private, comfortable space will be provided if desired. We will coordinate feedings with a child's mother. Teachers are also very willing to support breast-feeding by accepting, storing, and serving expressed human milk for feedings. Please make sure to label all caps and bottles with your child's first and last names and the date. Thanks!

# Naptime and SIDS/SUID

Sudden Infant Death Syndrome is defined as the sudden and unexplained death of an otherwise healthy infant less than one (1) year of age. Updated in 2011, the Consumer Product Safety Commission, the American Academy of Pediatrics, and the National Institute of Child Health and Human Development, revised their recommendations on how to put children less than twelve (12) months of age to sleep. Their mandate is for children of this age to sleep on their backs with no soft toys, bumper pads, or blankets in their crib. To provide the best possible care for your child, HNCCCC recognizes the importance of placing children on their backs to sleep. While your child is enrolled here, they will be placed on their backs to sleep. Your child may use an unweighted, uncomplicated "sleep sack" in their crib, but no blankets are allowed. A sleep sack allows you to place the child in the sack before going to sleep in place of a blanket. These can be obtained wherever baby items are sold. We also will not allow any soft material (stuffed animals, "lovies", etc.) in your child's crib. If your child has a medical reason to not sleep on their back, a doctor's order stating the condition and time frame must be obtained and placed in your child's file. Also, we cannot swaddle a child without written parental consent. Furthermore, babies may NOT sleep in a bouncy, swing, car seat, or on the floor while in our care. It is best to follow these procedures at home in order to help your baby sleep at school, as well. Thank you for your cooperation and understanding!

## Mission Statement

This Center is the ministry of the church, a way of meeting the needs of children and their families, including sharing the Gospel of Jesus Christ. Through the center, the church commits itself to the social, physical, emotional, spiritual, and intellectual well-being of children. All the work of the center is rooted in the Gospel of Jesus Christ, whose name is proclaimed with love. The center commits itself to an inclusive ministry serving people regardless of their race, language, ethnicity, gender, social, or economic background. The center commits itself to fair and equitable employment practices, including non-discriminatory hiring, just compensation, and affirmative action. The center commits itself to strive toward the highest standards of excellence in this ministry.